



Photo Credit: Neufeld

# RECC 2014

## THE RURAL EMERGENCY CONTINUUM OF CARE CONFERENCE

MAY 30 + 31, 2014

PENTICTON TRADE & CONVENTION CENTRE

### CONFERENCE OVERVIEW

The Rural Emergency Continuum of Care (RECC) conference will provide an accessible, accredited, and multidisciplinary professional education for rural physicians, nurses, first responders & paramedics.

### ACCREDITATION

This conference has been approved for the following educational credits:

**12.5** Mainpro-M1 | MOC Section 1

### CONFERENCE HIGHLIGHTS

- Interactive small groups and inter-professional learning opportunities
- Hands-on Workshops
- Wilderness Medicine
- Mentorship Stream
- Faculty Development
- Add-on workshops: The CARE Course, SHOCK Course, OB Ultrasound Course, and ACLS-EP
- Complimentary childcare available during conference hours!
- Opportunities to socialize & network with colleagues



**Rural Coordination Centre of BC**

Enhancing rural health through education and advocacy

*Linking community needs and policy development with the JSC*



Joint Standing Committee on Rural Issues (JSC)



Society of Rural Physicians of Canada  
Société de la Médecine Rurale du Canada

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE

# PRE-CONFERENCE

<b>WED, MAY 28 - THU, MAY 29</b>	0800-1800	The CARE Course (2-day course)	Max 8 Physicians, 8 Nurses, 8 Paramedics	Cost: \$1200 / \$200 / \$100
<b>THU, MAY 29</b>	0800-1630	The Shock Course	Max 13 Physicians, 3 Residents	Cost: \$850 / \$625
<b>THU, MAY 29</b>	0830-1700	ACLS-Experienced Provider Course	Max 18 Participants	Cost: \$800
<b>THU, MAY 29</b>	<b>1800-2000</b>	<b>MEET &amp; GREET RECEPTION / RECC REGISTRATION OPENS</b>		

# FRIDAY, MAY 30

<b>0700-0830</b>	<b>BREAKFAST, REGISTRATION &amp; EXHIBITS OPEN</b>			
<b>0830-0930</b>	<b>WELCOME &amp; INTRODUCTION</b> <i>Dr. Mary Johnston, Dr. Granger Avery, Dr. Jel Coward, Dr. Leslie Sadownik, Dr. Kirstie Overhill</i>			
<b>0930-1000</b>	<b>REFRESHMENT BREAK &amp; EXHIBITS</b>			

WILDERNESS MEDICINE 0800-1700 Max 24 Participants Cost: \$150								
	TALKS			MENTORSHIP	WORKSHOPS			
1000-1050	Emergency Telehealth for Rural Stroke Care <i>Dr. John Falconer</i>	Febrile Neutropenia <i>Dr. Sara Wadge</i>	What's New in Atrial Fibrillation? New Developments in Rate/Rhythm Control, Anticoagulation & Ablation <i>Dr. John Bosomworth</i>	Rural Generalism: An Appreciation of Where It Can Lead Us <i>Dr. Granger Avery</i>	Why I Love to Teach <i>Dr. Leslie Sadownik</i>	Casting <i>Dr. Chris Parfitt</i>	Cardiac Arrest: Facts, Future & Controversy <i>Dr. Mike Ertel</i> <i>Dr. Jeff Eppler</i> <i>Dr. Nick Balfour</i>	Ultrasound Usages in Modern EM Practice <i>Dr. Urbain Ip</i> <i>Dr. Matt Petrie</i>
1100-1150	—	Neuro Emergencies <i>Dr. Stuart Swadron</i>	Useless Lab Tests: A Review of the Most Egregious Money Wasters in Medical Investigation <i>Dr. John Bosomworth</i>	Abnormal Uterine Bleeding <i>Dr. Cathy Rublee</i>	Supervision, Mentorship & More for IMG/CSA and Those Who Support Them <i>Moderated by: Dr. Ray Markham</i>	Joint Injections <i>Dr. Chris Parfitt</i>		
<b>1200-1300</b>	<b>LUNCH &amp; EXHIBITS</b>							
<b>1300-1350</b>	From the Okanagan to L.A.: Reflections & Lessons in EM Practice <i>Dr. Stuart Swadron</i>							
1400-1450	Inotropes & Pressors: Review and Practicalities <i>Dr. Ryan Foster</i>	Thyroid & Other Common Endocrine Emergencies <i>Dr. Clayton Reynolds</i>	Building a Research Project from the Ground Up <i>Dr. Stefan Grzybowski</i>	Chronic Pain Management <i>Dr. Galt Wilson</i> <i>Dr. Tom Perry</i>	Happening Mentorship Programs in BC <i>Moderated by: Dr. Kirstie Overhill</i>	The Occasional Flap (Suturing Workshop) <i>Dr. Stuart Johnston</i>	KLUNC (Kelowna Limb Relocation Using Non-Traumatic Care) <i>Dr. Mike Ertel</i> <i>Dr. Jeff Eppler</i> <i>Dr. Nick Balfour</i>	OB Ultrasound Course (Point of Care Ultrasound in the Third Trimester for Primary Care Providers) (1230-1830) Max 14 Physicians, 2 Residents
1500-1550	Sepsis: "What is it Good For? Absolutely Nothing, Say it Again" <i>Lyrics by Edwin Starr</i> Presentation by <i>Dr. Gord McInnes</i>	Hot Endocrine Issues <i>Dr. Clayton Reynolds</i>		Bedside Volume Assessment: An EBM Review <i>Dr. Ryan Foster</i>	The Many Facets of Mentorship & Coaching: How to do this Effectively? <i>Dr. Kirstie Overhill</i> <i>Dr. Bob Bluman</i>			Cost: \$975 / \$525
<b>1600-1620</b>	<b>REFRESHMENT BREAK &amp; EXHIBITS</b>							
<b>1620-1730</b>	<b>PLENARY SESSION</b> Physician Stress & Coping <i>Dr. Andrew Clarke</i>							
<b>1730-1830</b>	<b>BC STUDENT, RESIDENT &amp; PRECEPTOR SOCIAL</b> Hosted by REAP & RCCbc							
<b>1900</b>	<b>DINNER &amp; DANCING WITH LIVE BAND "EASY FIX"!</b>							

# SATURDAY, MAY 31

## 0730-0830 BREAKFAST, REGISTRATION & EXHIBITS OPEN

## 0830-0930 FIRST NATIONS WELCOME

Determinants of Health for BC's Indigenous Populations and First Nations Health Authority Update *Dr. Shannon Waters & Dr. John Pawlovich*

## 0930-1000 REFRESHMENT BREAK & EXHIBITS

WILDERNESS MEDICINE 0800-1700 Max 24 Participants Cost: \$150						
		TALKS			WORKSHOPS	
1000-1050	Should Antipsychotics be Used for Depression? and Do Dementia Drugs Improve the Lives of Patients or Families? <i>Dr. Tom Perry Dr. Aaron Tejani</i>	Top Ten NOAC (New Oral Anticoagulant) Questions <i>Dr. Kevin Pistawka</i>	Shoulder Problems for the General Practitioner <i>Dr. Tim Bell</i>	Bites & Stings <i>Dr. David Shaw</i>	Cultural Safety and How Telehealth Supports It <i>Dr. John Pawlovich Dr. Daniele Behn-Smith</i>	Rural Critical Care Module: Chest Tubes <i>Dr. John Soles</i>
1100-1150	GI Disease in the Rural & Remote <i>Dr. Paul Winwood</i>	Is DVT Prophylaxis Appropriate in Medical Patients? and Should We Still be Prescribing Bisphosphonates for Osteoporosis? <i>Dr. Tom Perry Dr. Aaron Tejani</i>	Early & Late Pregnancy Complications <i>Dr. Roberto Leon</i>	D**n Trucker, D**n Sledder: Trauma in the North <i>Dr. Michael Jackson</i>	Warfarin First <i>Dr. Murray Trusler</i>	Ultrasound-Guided Procedures in the ED <i>Dr. Geoff Sanz</i>
<b>1200-1300</b>	<b>LUNCH &amp; EXHIBITS</b>					
<b>1300-1350</b>	<b>PLENARY SESSION</b> Patient Hand-Over and Transfers <i>Dr. Kathryn Reducka (CMPA)</i>					
<b>TALKS</b>						
1400-1450	The Beat Goes On: Arrhythmias—When to Rx and When to Ignore <i>Dr. Kevin Pistawka</i>	A Practical Skin Cancer Update <i>Dr. Henry Docherty</i>	Altitude Medicine <i>Dr. Jeff Eppler</i>	Toxicology <i>Dr. Matt Petrie</i>	Models of Medical Communities that Work <i>Moderated by: Ms. Kelly Gunn</i>	Texas Tea in BC: Oil & Gas Camp Medicine 101 <i>Dr. Allan Holmes</i>
1500-1550	Gynecologic Emergencies <i>Dr. Roberto Leon</i>	Breaking Bad News and Doing It Well <i>Dr. Marjorie Docherty</i>	Ortho Pitfalls <i>Dr. Matt Petrie</i>	The Broad Street Bullies Meet the 21st Century Hockey Hazards: Body-Checking, Fighting & the Hockey Concussion <i>Dr. David Rhine</i>	Rx for Financial Success: From Med School to Retirement <i>Dr. Stuart Johnston Ms. Sharon Mah</i>	The Airway from Hell: Toys & Tricks of the Trade from Non Anesthetists <i>Dr. Nick Balfour</i>
<b>1600-1620</b>	<b>REFRESHMENT BREAK &amp; EXHIBITS</b>					
<b>1620-1730</b>	<b>PLENARY SESSION</b> FEAR: Why It Matters and What to Do About It <i>Mr. Jim Ongena</i>					
<b>1730</b>	<b>CONFERENCE WRAP UP &amp; CLOSING REMARKS</b>					

# ADD-ON WORKSHOPS

Participants **MUST** register for at least one day of the RECC conference in order to sign up for these workshops.

## THE CARE COURSE

**MAY 28 - MAY 29**  
**WED 0800-1800**  
**THU 0800-1800**

**PHYSICIAN \$1200**  
**NURSE \$200**  
**PARAMEDIC \$100**

This 2-day course provides interactive hands-on learning in a fun & supportive interprofessional environment. Medical, trauma and obstetric emergency management are featured. A focus on the realities of rural practice will provide attendees with the skills they need in the Emergency Department. Max 8 physicians, 8 nurses, 8 paramedics. This program has been accredited for 17 Mainpro-C Credits. Approved for 14 educational credits for paramedics. Meets the requirements for Professional Development for registered nurses (17 hrs).

## THE SHOCK COURSE

**MAY 29**  
**0800-1630**

**PHYSICIAN \$850**  
**RESIDENT/STUDENT \$625**

The Shock Course was designed for the rural health care practitioner. Participants will review the management of the hemodynamically unstable patient & discuss the workup & treatment of these patients. An interactive, case-based course with hands-on practice with ultrasound & central line insertion & management. This program has been accredited for 8.0 Mainpro-M1, C, and MOC Section 1 Credits.

## ACLS - EXPERIENCED PROVIDER COURSE

**MAY 29**  
**0830-1700**

**PARTICIPANT \$800**

This course is for seasoned healthcare providers who are proficient in performing BLS and ACLS skills, reading and interpreting ECGs, and understanding ACLS pharmacology, and who regularly lead or participate in emergency assessment and treatment of pre-arrest, arrest or post-arrest patients. Upon successful completion, learners will receive an ACLS-EP course completion card, valid for 2 years.

## THE OB ULTRASOUND COURSE

**MAY 30**  
**1230-1830**

**PHYSICIAN \$975**  
**RESIDENT/STUDENT \$525**

Learn how to use bedside ultrasound to dramatically improve management of patients in the 3rd trimester. Be able to answer these specific questions: Is the fetal presentation head down? Is fetal cardiac activity present? Is the placenta a safe distance from the cervix? Is there a normal amount of amniotic fluid? This program has been accredited for 9.0 Mainpro-M1, C, and MOC Section 1 Credits.

## WILDERNESS MEDICINE

**MAY 30 OR MAY 31**  
**FRI 0800-1700**  
**SAT 0800-1700**

**PHYSICIAN \$150**

This one-day course will appeal to those who would like to explore self-directed, austere environment emergency medicine. Ideal training for physicians who enjoy outdoor recreation or are interested in working in Search & Rescue. There will be a strong focus on hands-on skills and high-fidelity simulations in the field. At completion, practitioners will have improved knowledge and skills to enable them to provide good medical care in a wilderness environment.

### 2014 UBC Family Practice Okanagan Orchards Rural Faculty Development Conference

This valuable conference will include some of our most celebrated teachers including Dr. Leslie Sadownik, Dr. Mike Purdon and Mr. Bill Upward. Workshop topics will include: • Fast Effective Teaching Pearls • Practical Tools I Can't Live Without • Is My Resident Competent?

*Registration includes a winery dinner with guest speaker.*

**Thursday, May 29th - 12:30 pm**

#### For more information and to register:

Contact Larissa Punnett at  
250.862.4300 ext 5292  
larissa.punnett@interiorhealth.ca

## ACCOMMODATIONS

### SANDMAN HOTEL PENTICTON 939 Burnaby Ave. West, Penticton, BC

Conference room rates start at \$89.00 + tax. To make a reservation, call **1.800.726.3626** and quote **Group #232605**. Rates available until April 29th, based on room availability. Hotel has a 7-day cancellation policy.

### RAMADA INN & SUITES PENTICTON 1050 Eckhardt Ave. West, Penticton, BC

Conference room rates start at \$119.00 + tax. To make a reservation, call **1.800.665.4966** and quote **Group #CGRECC**. Rates available until April 15th, based on room availability. Hotel has a 48-hour cancellation policy.

# REGISTRATION FORM (SEE REVERSE FOR MORE OPTIONS & PAYMENT)

Please select your preferred breakout/workshop sessions below. Sign up for plenary sessions is not required. Most workshops have limited space. To register for add-on workshops (at an additional cost) see reverse page.

## FRIDAY, MAY 30, 2014

TIME	TALKS				MENTORSHIP	WORKSHOPS		
1000	<input type="checkbox"/> Emergency Telehealth for Rural Stroke Care	<input type="checkbox"/> Febrile Neutropenia	<input type="checkbox"/> What's New in Atrial Fibrillation?	<input type="checkbox"/> Rural Generalism	<input type="checkbox"/> Why I Love to Teach	<input type="checkbox"/> Casting	<input type="checkbox"/> Cardiac Arrest: Facts, Future & Controversy	<input type="checkbox"/> Ultrasound Usages in Modern EM Practice
1100	—	<input type="checkbox"/> Neuro Emergencies	<input type="checkbox"/> Useless Lab Tests	<input type="checkbox"/> VBAC Counselling/ Abnormal Uterine Bleeding	<input type="checkbox"/> Supervision, Mentorship & More for IMG/ CSA	<input type="checkbox"/> Joint Injections		
1400	<input type="checkbox"/> Inotropes & Pressors: Review & Practicalities	<input type="checkbox"/> Thyroid & Other Common Endocrine Emergencies	<input type="checkbox"/> Building a Research Project from the Ground Up	<input type="checkbox"/> Chronic Pain Management	<input type="checkbox"/> Happening Mentorship Programs in BC	<input type="checkbox"/> The Occasional Flap (Suturing Workshop)	<input type="checkbox"/> KLUNC (Kelowna Limb Relocation Using Non-Traumatic Care)	—
1500	<input type="checkbox"/> Sepsis: What is it Good For? Absolutely Nothing, Say It Again	<input type="checkbox"/> Hot Endocrine Issues		<input type="checkbox"/> Bedside Volume Assessment: An EBM Review	<input type="checkbox"/> The Many Facets of Mentorship & Coaching			

## SATURDAY, MAY 31, 2014

TIME	TALKS					WORKSHOPS	
1000	<input type="checkbox"/> Antipsychotics for Depression / Do Dementia Drugs Improve Lives?	<input type="checkbox"/> Top Ten NOAC Questions	<input type="checkbox"/> Shoulder Problems for the General Practitioner	<input type="checkbox"/> Bites & Stings	<input type="checkbox"/> What is Cultural Safety? And First Nations Telehealth	<input type="checkbox"/> Rural Critical Care Module: Chest Tubes	<input type="checkbox"/> Difficult Airway Management
1100	<input type="checkbox"/> GI Disease in the Rural & Remote	<input type="checkbox"/> Is DVT Prophylaxis Appropriate? / Prescribing Bisphosphonates for Osteoporosis	<input type="checkbox"/> Early & Late Pregnancy Complications	<input type="checkbox"/> D**n Trucker, D**n Sledder: Trauma in the North	<input type="checkbox"/> Warfarin First	<input type="checkbox"/> Ultrasound-Guided Procedures in the ED	
TIME	TALKS						
1400	<input type="checkbox"/> Arrhythmias: When to Rx & When to Ignore	<input type="checkbox"/> A Practical Skin Cancer Update	<input type="checkbox"/> Altitude Medicine	<input type="checkbox"/> Toxicology	<input type="checkbox"/> Models of Medical Communities that Work	<input type="checkbox"/> Oil & Gas Camp Medicine 101	<input type="checkbox"/> The Airway from Hell: Toys & Tricks of the Trade
1500	<input type="checkbox"/> Gynecologic Emergencies	<input type="checkbox"/> Breaking Bad News & Doing It Well	<input type="checkbox"/> Ortho Pitfalls	<input type="checkbox"/> 21st Century Hockey Hazards: Body-Checking, Fighting & Concussions	<input type="checkbox"/> Rx for Financial Success: From Med School to Retirement	<input type="checkbox"/> Rural Integrated Clerkships	<input type="checkbox"/> Procedural Sedation

# RURAL EMERGENCY CONTINUUM OF CARE CONFERENCE (RECC)

MAY 30 + 31, 2014

Penticton Trade & Convention Centre  
Penticton, BC

## CONTACT DETAILS

Dr.  Mr.  Ms.  Urban  Rural

Last Name  Given Name(s)

Address

City  Prov/State  Postal Code

Telephone  Fax

Email (required)

## CONFERENCE FEES

Includes course materials and meals *Save \$10 by registering online!*

Select Category:	FULL CONFERENCE			DAILY RATE		
	By Mar 28	Mar 29 - May 9	After May 9	By Mar 28	Mar 29 - May 9	After May 9
<input type="radio"/> Physician	\$560	\$610	\$660	\$310	\$335	\$360
<input type="radio"/> Allied Health Professional <input type="checkbox"/> Nurse <input type="checkbox"/> Paramedic <input type="checkbox"/> Other	\$310	\$310	\$310	\$160	\$160	\$160
<input type="radio"/> Resident* <input type="radio"/> Student*	\$160	\$160	\$160	*Residents & Students must provide proof of status upon check-in to qualify for the reduced rate.		
<b>I WILL ATTEND:</b> <input type="radio"/> ALL DAYS (May 30 + 31) <input type="radio"/> FRI (May 30) <input type="radio"/> SAT (May 31)						

## ADD-ON WORKSHOPS

Participants MUST register for at least one day of the RECC conference in order to participate in these workshops.

	Physician	Nurse	Paramedic	Student/Resident
<input type="radio"/> The CARE Course	\$1200	\$200	\$100	—
<input type="radio"/> ACLS-EP	\$800	\$800	\$800	\$800
<input type="radio"/> The Shock Course	\$850	—	—	\$625
<input type="radio"/> OB Ultrasound Course	\$975	—	—	\$525
Wilderness Medicine <input type="radio"/> May 30 or <input type="radio"/> May 31	\$150	—	—	—

## SPOUSAL REGISTRATION

Spousal Registration  \$50

Partners/spouses will receive a receipt & name badge to gain access to all conference meals.

Name:

INTERESTED IN CHILDCARE?  YES

## DINNER & DANCE

Price:  \$75 / ticket  
# of Tickets:

## ALLERGIES

Severity:  HIGH or  LOW

## CALCULATION

Conference Fee	\$
The CARE Course	\$
ACLS-EP	\$
The Shock Course	\$
OB Ultrasound Course	\$
Wilderness Medicine	\$
Dinner Tickets	\$
Spousal Registration	\$
<b>TOTAL</b>	<b>\$</b>

ME8768



Easy ways to  
**Register**



www.ubccpd.ca



(604) 875-5101



(604) 875-5078



cpd.info@ubc.ca



UBC CPD  
855 West 10th Avenue  
Vancouver, BC, V5Z 1L7

I am a:

- Family Physician/General Practitioner
- Specialist  Other

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPSC)?

- Yes If yes, please list your specialty: \_\_\_\_\_
- No

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the mailing list for future programs. If you DO NOT wish to have UBC CPD course brochures mailed to you, please indicate below.

- I DO NOT wish to be on the UBC CPD mailing list

## PAYMENT

\$   VISA  MC

TOTAL AMOUNT

Credit Card Number

Expiry Date

Name of Cardholder

X  
Signature

No refunds or transfers, unless you cancel by May 9, 2014. A \$50 cancellation fee will apply.