

# Call MaBAL



**The Real-Time Virtual Support Maternity and Babies Advice Line (MaBAL) is free and friendly and available to physicians, residents, nurses, midwives, nurse practitioners and other providers.**



## Ask a question

Have a question about pregnancy, labour, or early postpartum care? Reach out anytime. We're available 24/7.

## Get a prescription

Is your sick patient also pregnant? Consult with a MaBAL doctor for advice on prescription and over the counter medications.



## Prenatal testing and ultrasounds

Do you have questions about a test or ultrasound result? Are you unsure about discussing a result with your patient? MaBAL providers can help.

## Infant nutrition and infant feeding

Ask us! MaBAL providers can connect your patient with virtual breast/chest-feeding advice and support.



## Women's health and contraception

MaBAL providers are here to support you and your patients with questions around family planning and any general women's health issues.



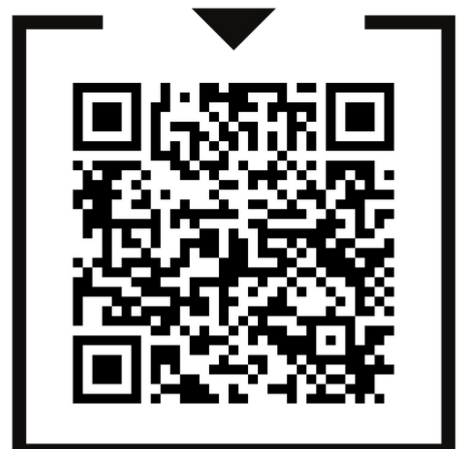
**Real-Time  
Virtual Support**

## We're here for you

MaBAL providers are passionate about providing maternity care to rural, remote and Indigenous communities. Whether you are a nurse at a nursing station, a midwife, or a doctor, nurse practitioner or resident serving a rural community, you are welcome to call.



SCAN ME



MaBAL: Add Zoom account: [mabal1@rccbc.ca](mailto:mabal1@rccbc.ca) | Phone: 236.305.7364

**Visit [rccbc.ca/initiatives/rtvs/mabal](https://rccbc.ca/initiatives/rtvs/mabal) for details or to get started.**