

# Agenda



## PRE-CONFERENCE

<b>WED MAY 22 - THU MAY 23</b>	0800-1800	<b>The CARE Course</b>	Max 30 Participants	\$1550/\$200/\$100
<b>WED MAY 22 - THU MAY 23</b>	0800-1700	<b>CASTED: Emergency</b>	Max 24 Participants	\$1925/\$1275/\$1625
<b>THU MAY 23</b>	0830-1600	<b>HOUSE OB Course</b>	Max 12 Participants	\$1600/\$900
<b>FRI MAY 24</b>	0730-1500	<b>HOUSE EM Course</b>	Max 12 Participants	\$1600
<b>FRI MAY 24</b>	0800-1330	<b>2019 Rural Locum Forum</b>		\$75/\$25
<b>FRI MAY 24</b>	1000-1400	<b>Rural Patient Transport: The Road Ahead</b>	Limited Seating	\$25
<b>FRI MAY 24</b>	1200-1400	<b>Not Just a Prescription Pad: A Multimodal Approach to Chronic Pain Management</b>		Free

## FRIDAY, MAY 24

Visit [ubccpd.ca/course/RHC2019](http://ubccpd.ca/course/RHC2019) for a full description of sessions and workshops.

### 1300-1500 REGISTRATION AND EXHIBITS OPEN | MEET & MINGLE WITH REFRESHMENTS

**1500-1515 FIRST NATIONS WELCOME** Elder Roberta Price

**1515-1615 PLENARY: Disaster Medicine: Bringing Order to Disorder** Michael Flesher

### 1615-1800 HOT TOPICS: RAPID FIRE SESSION

OMG that's a (Poop)-Load of Blood! Bryan Wells

Postpartum Hemorrhage: Ahh, More Blood! Regina Renner

Obstructive Jaundice: Streamlining Workup and Referral Dan Jenkin

I Think She's Dying...She Could Be Septic Bryan Wells

Kandahar Combat Hospital: Gleaning from the Devil's Harvest Mike Kenyon

### 1800-1815 BC RURAL HEALTH AWARD PRESENTATIONS

### 1830-1930 SOCIAL WINE & CHEESE RECEPTION

**1900-2000 THE POWER OF RURAL RESEARCH** Facilitated by Tandi Wilkinson and Dietrich Furstenburg Free

## SATURDAY, MAY 25

Visit [ubccpd.ca/course/RHC2019](http://ubccpd.ca/course/RHC2019) for a full description of sessions and workshops.

### 0700-0750 BREAKFAST, REGISTRATION & EXHIBITS OPEN | rMEET Breakfast (rural Mingle, Eat, Engage Together)

**0700-0745 OPEN MEETING** Supporting Just-in-Time Care in BC: emergency Virtual In-time Support for Technology-enabled Assessments (eVISTA) Hosted by BCEMN

### 0750-0800 RCCbc WELCOME

**0800-0855 PLENARY: The Impact of Systemic Racism on Indigenous Health in Canada** Elder Roberta Price, Terri Aldred, Ami Brosseau

### 0900-0955

#### 2-HOUR WORKSHOPS

<b>Critical Care in the First 30 Minutes</b> Mario Francispragasam	<b>Virtual Care: Supporting Rural Communities with Telehealth</b> John Pawlovich	<b>Don't Miss the Rash that Could Crash</b> Yana Simice	<b>Post-Arrest: How's the Brain?</b> Mike Kenyon	<b>Sustaining Yourself in Rural Practice</b> Stefan Grzybowski	<b>Ultrasound Workshop: Sonoanatomy for Nerve Blocks &amp; Central Line Access</b> Peter Inkpen Mohammad Bardi	<b>IUD Insertion Workshop</b> Renee Hall	<b>Basic Suturing Techniques and Extensor Tendon Repair</b> Stuart Johnston Connie Paul
<b>1000-1030 REFRESHMENT BREAK AND EXHIBITS   MEDITATION SESSION</b>					Max 12 Participants	Max 24 Participants	Max 16 Participants
<b>1030-1125</b>	<b>Selection and Interpretation of Thyroid Tests</b> Clayton Reynolds	<b>Wilderness Medicine</b> Jel Coward	<b>Pediatric Ophthalmology: Facts, Myths and What Not To Miss</b> Megan Rees	<b>MaiD: Navigating the Legal Obstacles</b> Lyle Carlstrom	<b>Anti-Racist Medicine</b> Ami Brosseau		

## SATURDAY, MAY 25 ... continued

**1130-1300 LUNCH & SOCIAL BREAK | NANAIMO HISTORICAL WALKING TOUR @ 11:45-12:45 | YOGA STRETCH SESSION @ 12:00-12:45**

**1200-1300 OPEN MEETING** Rural Retention Program Review: Have Your Say Appointment to Practice & Locum in Rural BC Hosted by RCCbc Hosted by Locums for Rural BC, Northern Health, Island Health

### 1300-1355

<b>Weeding Through the Evidence: Health Effects of Cannabis</b> Launette Rieb	<b>Practical and Easy Approaches to ECGs</b> Mario Francispragasam	<b>Wildfire: Nature's Call to Attention for the Health Harms of Climate Change</b> Warren Bell	<b>Palliative Care Pot-Pourri</b> Danielle Downe Peytra Davies	<b>PSARC: Procedural Sedation &amp; Analgesia in Rural Care</b> Sean Ebert	<b>Chest Tubes: Using the Seldinger Technique</b> John Soles Max 12 Participants	<b>Unifying Indigenous and Western Practices</b> Elder Roberta Price Terri Aldred	<b>Useful Skin Flap Techniques: Advanced Suturing Workshop</b> Stuart Johnston Connie Paul
<b>1400-1455</b>	<b>Management of Soft Tissue Injuries</b> Chris Parfitt	<b>Approach to the Investigation of Chronic Diarrhea in Adults</b> Paul Winwood	<b>Acute Respiratory Failure</b> John Ronald	<b>Driving Ms. Daisy: When to Pull a Driver's License</b> Mark Fok	<b>Prescribing Dance: Expanding Your Patient's Movement Inventory</b> Edwin Betinol	<b>Chest Tubes: Using the Seldinger Technique</b> Workshop Repeats Max 12 Participants	Max 16 Participants

### 1500-1530 REFRESHMENT BREAK AND EXHIBITS | MINI DANCE BREAK

**1530-1630 PLENARY: How Self-Prescribing Can Bring Joy to Your Clinical Practice** Simon Moore

**1630-1730 BC STUDENT, RESIDENT AND PRECEPTOR SOCIAL** Hosted by REAP

**1800-2100 SATURDAY NIGHT SOCIAL @ THE FIREHOUSE GRILL** Join us for a fun evening with your colleagues! Tickets: \$55 | Limited Space | Hosted by RCCbc

## SUNDAY, MAY 26

Visit [ubccpd.ca/course/RHC2019](http://ubccpd.ca/course/RHC2019) for a full description of sessions and workshops.

### 0730-0800 BREAKFAST, REGISTRATION AND EXHIBITS OPEN Early Morning Yoga Stretch Session @ 7:30AM

**0800-0855 PLENARY: Discussing Substance Use: Interventions that Integrate Trauma-Informed, Gender & Culturally Safe Approaches** Nancy Poole

### 0900-0955

#### 2-HOUR WORKSHOPS

<b>Jeopardy Medicine: Audience-driven Topics</b> Michael Allan	<b>More than a Pain in the Neck: Cervical Spine Trauma</b> Peter Metrowich	<b>Front Line Dermatology Made Easier: 2019 Update</b> Neil Kitson	<b>Practical Approaches to Urgent OBGYN Problems in the Rural Setting</b> Regina Renner	<b>Deprescribing in Older Adults: An Approach to the Rational Drugectomy</b> Mark Fok	<b>Transformative Dialogue: Unsticking the Stuck Patient</b> Rahul Gupta	<b>Intubations: Not JUST about the Tube!</b> Sean Ebert Shu Fung Ho	<b>Management and Casting of Common Fractures</b> Chris Parfitt
<b>1000-1015 REFRESHMENT BREAK AND EXHIBITS</b>	<b>1015-1110</b>	<b>If You Don't Inspire, You'll Expire: Troubleshooting the Distressed Ventilated Patient</b> Omar Ahmad	<b>Ophthalmology: Emergency or Non-Emergency?</b> Nawaaz Nathoo	<b>Current Management of Sports Injuries</b> David Brooks	<b>Perspectives on Healing: An Interactive Session</b> Karin Blouw	Max 18 Participants	Max 24 Participants

**1115-1215 PLENARY: How Not to Get Fooled By Medical (Mis)Information** Michael Allan

### 1215 CONFERENCE ENDS | GRAB 'N' GO LUNCH

