

## Survey



SPRUCe recently surveyed the pediatricians in RSA communities around key areas such as recruitment, outreach and education. Thank you to all who participated. We had a great response, with 87% (27/31 pediatricians) of RSA community pediatricians responding. Some interesting initial information includes:

1) Demographics:

I work in a community as a:

- Solo pediatrician 6
- Dyad with one other pediatrician 8
- Small group of 3-5 pediatrician 8
- Medium sized group with >5 pediatricians 4
- Prefer not to say 1



2) Concerns:

Recruitment is a significant concern for my community:

- Strongly disagree 0
- Disagree 2
- Neutral 3
- Agree 9
- Strongly agree 13



3) Areas of need:

Outreach clinics to small communities without a general pediatrician is important:

- Strongly disagree 0
- Disagree 1
- Neutral 1
- Agree 15
- Strongly agree 10



Look for further data in upcoming newsletters and CME sessions as it is analyzed.

# ESSENTIALS OF REACHING PAST THE CYCLE OF TRAUMA: PART 1 OF HEALING TRAUMA

This Learning Activity's 6.5 hours will be delivered over 3 separate sessions: Monday Sep 13, 2021, 5:00-7:30pm, Friday Sep 17, 2021, 8:30-10:30am, and Friday Sep 24, 8:30-10:30am.

At the conclusion of the Workshop, participants will be able to:

- analyze research papers on ACEs for selection bias, population applicability and methodology,
- practice ABSees of Dis-Ease and SHHV interactive skills that trauma survivors need from their physicians to enhance healing,
- create and use a toolbox for themselves for improved resiliency and understanding of their work with trauma survivors.

[Registration and more information](#)

## General Pediatric Outreach

SPRUCe is diving into the development of an organized approach to planning and implementing consulting general pediatric outreach clinics to rural areas without resident pediatricians, starting with the community of Dawson Creek.

Contact SPRUCe if there is a community in your region needing a similar outreach program or if you are interested in supporting rural pediatric outreach.

## Request: Coaches and Mentors for Pediatric Residents

The UBC CAMP (Coaching and Mentoring Program) is available to rural pediatricians, locum rural pediatricians and residents interested in rural pediatrics.

SPRUCe is looking to build a team of rural coaches and mentors to support interested pediatric residents. In signing up as a coach/mentor, the relationship is meant to be approximately 6 months, with funding and educational support for the coach/mentor.

For more information, please see [ubccpd.ca/camp](http://ubccpd.ca/camp)

# Reflections on Residency

SPRUCe hosted a virtual "Reflections on Residency" session on May 12, 2021. Four pediatricians practicing in small to medium sized communities across BC reflected on their pediatric residency training and offered tips about how to tailor residency training to prepare for rural practice. The speakers were Dr. Jennifer Cutting (Trail), Dr. Alysha Mackenzie-Feder (Kelowna), Dr. Lara Malks-Jjumba (Prince George) and Dr. Francine Ling (Nanaimo). They were all enthusiastic proponents of practicing pediatrics in a community distant from BC Children's Hospital and the feedback from the resident attendees was positive. This session will be offered again. Residents, keep your eyes peeled for this in 2022.

## "Just for Coffee" Virtual Sessions

These informal, small group, virtual sessions will allow trainees to hear from rural pediatricians who will speak frankly about how to balance work, family and personal life while living and practicing in a rural community.

Dr. Sara Citron (Whitehorse) will be speaking at the second session, July 20, 2021, 7:30pm - 8:30pm.

The session with Dr. Citron is full. However, as speakers may be able to do additional sessions, please email [SPRUCe@rccbc.ca](mailto:SPRUCe@rccbc.ca) if you are interested in attending a future session with Dr. Citron



Dr. Sara Citron

Dr. Jen Cutting (Trail) and Dr. Laura Swaney (Cranbrook) will be hosting at "Just for Coffee" sessions in the fall of 2021. Please watch for final details to be distributed through the summer.



Dr. Jennifer  
Cutting



Dr. Laura  
Swaney

### Rural Pediatricians:

If you are interested in speaking to trainees as the host of a future "Just for Coffee" session, please email [SPRUCe@rccbc.ca](mailto:SPRUCe@rccbc.ca).



Kaie Rosborough, a 4th year pediatric resident at BC Children's Hospital, has joined the SPRUCe team as the resident representative. She is supporting a number of SPRUCe initiatives and is providing a resident perspective in discussions regarding rural and remote pediatrics.

## Did you know?

The SPRUCe metronomic locum program matches groups of 2 to 6 urban pediatricians to specific rural communities. The urban pediatricians provide locum coverage for 1 week at a time, at a frequency determined by the host community pediatricians.

The intention is that the locum pediatrician will return year after year to the host community. This gives the rural pediatricians the security of having locums predictably planned for the year, which allows them needed time off at reasonable intervals. In addition, having returning locum physicians minimizes the need for orientation and onboarding by busy rural pediatricians. Funding is from the Rural Specialist Locum Program. So far there are 17 urban pediatricians providing 39 weeks of locum coverage per year to various rural communities in BC.

Get in touch if you are interested in supporting a rural community with locum support or if you would like your community to be added to the program!

For more information on SPRUCe:

[rccbc.ca/spruce](https://rccbc.ca/spruce)

[SPRUCe@rccbc.ca](mailto:SPRUCe@rccbc.ca)