



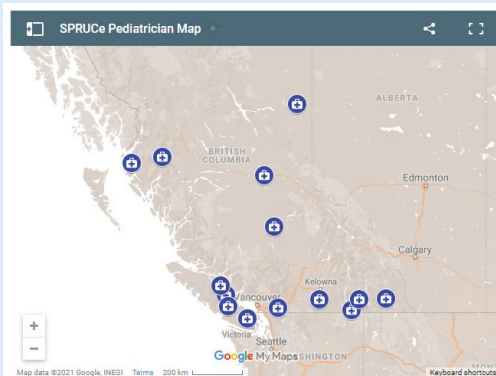
SPRUce Newsletter

Sustaining Pediatrics in Rural and Underserved Communities

Pediatric Map

An interactive map has been developed by SPRUCe. Consulting Pediatricians residing in or providing outreach service to rural or remote BC communities are identified. The map is intended to facilitate outpatient/ambulatory referrals for children/youth who live in rural, remote communities. Pediatricians who wish to have their names added to the map or who identify information which is incorrect or out of date can email spruce@rccbc.ca.

[Interactive Map](#)



Virtual Accredited CME Session : A Deep Dive into Pediatric Point of Care Ultrasound



Dr. Lambos is a general pediatrician in Prince Albert, and a Clinical Assistant Professor in Pediatrics at the University of Saskatchewan. She trained in Pediatric POCUS at the Hospital for Sick Kids, and is a Fellow of the Ultrasound Leadership Academy. She uses pediatric POCUS regularly to support her clinical practice.

Thursday, November 25, 2021
7:00pm - 8:30pm PST

Objectives:

1. Appreciate how POCUS improves clinical outcomes in the critically ill child, the sick infant, and in general pediatric care.
2. Demonstrate the utility of POCUS in improving outcomes for the family as a unit.
3. Demonstrate benefit of POCUS in cost savings and resource management within the health care system.
4. Demonstrate the benefit of POCUS in transition of care to a tertiary center.

[Register here](#)

Child and Youth Mental Health and Substance Use Resource Guide for Families

NORTHERN HEALTH CHILD
AND YOUTH HEALTH PROGRAM

September 2021



Northern Health recently released a Child and Youth Mental Health and Substance Use Resource Guide for Families. Although some of the resources are specific to Northern Health, many programs are applicable across BC and this resource may be helpful to pediatricians across the province.

[Click here](#) to view.

Just for Coffee



These informal, small group, virtual sessions will allow trainees to hear from rural pediatricians who will speak frankly about how to balance work, family and personal life while living and practicing in a rural community.

Dr. Laura Swaney, from Cranbrook, will host the next session October 19, 2021
7:30pm - 8:30pm PST

To register please email SPRUCe@rccbc.ca. The session will be limited to 10 residents, with registration on a first come, first serve basis. A Zoom link will be emailed after registration.

The SPRUCe team is recruiting pediatricians for future "Just for Coffee" sessions. For interested residents unable to attend this session, contact [SPRUCe](mailto:SPRUCe@rccbc.ca). Some pediatricians may be able to offer an additional session if there is sufficient interest

Rural Locum Support

The SPRUCe metronomic locum program was started in the spring of 2021. In this program, a small group of urban pediatricians are matched to a rural community with pediatricians who are in need of locum support. The urban pediatricians provide short locums (typically 7 days) and are expected to return periodically and regularly to provide predictable and reliable locum support. To date, this program involves 17 urban pediatricians providing support to Campbell River, Comox and Trail, and augmenting the established locum program in Terrace.

If you would like to be involved as a regular locum to a rural community, or want further information, please contact [SPRUCe](mailto:SPRUCe@rccbc.ca).

General Pediatrics Outreach

With the goal of developing an organized approach to pediatric outreach to rural areas without resident pediatricians, SPRUCe is supporting the initiation of a pediatric outreach clinic to Dawson Creek. Outreach to this community was provided for several years by a pediatrician who has now retired. SPRUCe has recruited 5 pediatricians to share in providing regular, ongoing outreach to Dawson Creek. Drs. Nita Jain, Mia Remington, Tom McLaughlin, Erin Peebles and Robyn Geier will each provide multi-day clinics twice per year in Dawson Creek, starting in November 2021.

If there is a community in your region needing a similar outreach program or if you are interested in supporting rural pediatric outreach, please contact [SPRUCe](mailto:SPRUCe@rccbc.ca).



Pathways - Streamlining referrals, improving patient care

Pathways is an online resource that provides physicians and their office staff/team quick access to current and accurate referral information, including wait times and areas of expertise of specialists and specialty clinics.

Pathways can also provide access to hundreds of patient and physician resources, as well as community service and allied health information that is categorized and searchable.

Funding for Pathways is provided through the General Practitioner Services Committee (GPSC), a joint collaboration between Doctors of BC and the BC government. Individual Divisions of Family Practice also contribute operational funding at a local level. Once logged in, there is wealth of information related to Pediatrics including patient handouts, videos, links to websites (including Child Health BC, Kelty Mental Health, Canadian Paediatric Society), questionnaires (SCARED, SNAP-IV, M-CHAT, etc.)

To get access to Pathways, email contact-us@pathwaysbc.ca



For more information on SPRUCe:

rccbc.ca/spruce
SPRUCe@rccbc.ca