

Welcome and thank you for joining us for the **5<sup>th</sup> BC Rural Health Research Exchange (BCRHRx)**, supported by the [Rural Coordination Centre of BC \(RCCbc\)](#) and the Joint Standing Committee on Rural Issues (JSC). The BCRHRx is a virtual half-day event, comprised of rurally focused health research presentations intended to answer the question: “*What sort of rural research is happening in B.C.?*”.

This year, the BCRHRx features 16 presentations from across B.C., touching on topics such as virtual supports, personal health records, out of pocket costs for rural patients, emergency preparedness, and much more. The unique format will see each presenter speak to their research for 10 minutes, followed by five minutes of Q&A facilitated by our moderators. The event begins at 8:30 a.m. sharp (all times PT) with a welcome from the Rural Coordination Centre of BC (RCCbc), followed by a keynote address. The rapid-fire presentations begin in at 9:10 a.m. and run until 1:05 p.m. *New this year: The entire proceedings – including the rapid-fire presentations – will be confined to one Zoom room/link.*

**BCRHRx Zoom Room**

<https://ca01web.zoom.us/j/69189626154>

Mobile (one-tap): +17789072071,,69189626154# Canada

Phone: +1 778 907 2071 Canada

Webinar ID: 691 8962 6154

**Schedule overview:**

8:30 am	<b>2024 BCRHRx WELCOME</b>	Leslie Carty, Executive Director (Operations), Rural Coordination Centre of BC (RCCbc)
8:40 am	<p><b>KEYNOTE: Housing is Healthcare: Equity in Access for All Residents</b></p> <ul style="list-style-type: none"> <li>• <b>Dr. Jude Kornelsen, PhD</b> - Centre for Rural Health Research/Department of Family Practice, UBC</li> <li>• <b>Christina Derkson-Unrau</b> - Rural Patient Partner, Princeton BC</li> </ul> <p>Universal access to health care is enshrined in the Canada Health Act to ensure access to health care is not constrained by income, age or health status. Key principles that underscore this commitment include <i>universal coverage</i> (the right of citizens and permanent residents to access care regardless income status), <i>comprehensiveness</i> (support for all medically necessary services), <i>portability</i> between provinces and territories and <i>public administration</i> (focused on the accountability of funds to the public). The final principle, <i>accessibility</i>, is defined as care without financial ‘or other’ barriers and has increasingly come under scrutiny by groups experiencing constrained access to care, including Indigenous populations, those with cultural or linguistic barriers and those with lower socio-economic status. Additionally, <i>geographic disparities</i> have been increasingly recognized constraints to health equity due to the need to travel to access sub-specialized or specialized care.</p> <p>This session will present findings from a mixed methods study undertaken in BC (April to August, 2024) to understand and document the <i>cost consequences to</i> and <i>experiences of</i> transplant patients who had to relocate to Vancouver from outside of the lower mainland to receive transplant care. We will also present findings based on the recommendations, with all parts of the presentation grounded in the lived experience of a rural transplant patient.</p> <p>Results from this study are part of a larger evidence-based strategy to ensure equity in access to health care for all residents across British Columbia, regardless of location and proximity to services. It builds on earlier work identifying the out-of-pocket costs incurred by rural residents due to medically necessary travel and political advocacy through a resolution to the association of municipal governance, Union of BC Municipalities, entitled, ‘Housing is Healthcare’. More broadly, this work occurred within the larger context of evidence-based advocacy support system changes that help create equity in access to care and better health for all rural BC residents.</p>	

9:10 am – 1:05 pm	<b>RURAL HEALTH PRESENTATIONS</b>	Moderated by: <b>Dr. Brenna Lynn, PhD</b> <ul style="list-style-type: none"> <li>• Associate Dean, Continuing Professional Development, UBC</li> <li>• Clinical Instructor, Department of Family Practice, UBC</li> </ul> <b>Dr. Frank Scheuermeyer, MD, M.HSC</b> <ul style="list-style-type: none"> <li>• Clinical Associate Professor &amp; Director, Research, UBC Department of Emergency Medicine</li> <li>• Emergency Physician, St. Paul’s Hospital, Vancouver</li> </ul>
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**Important notes:**

**Rapid presentations:** Research presentations will be 10-minutes in length with five minutes for Q&A. The short presentation intervals may be challenging for both presenters and audience members, but the intention is to showcase as many rural health research projects as possible in a short time frame.

**Webinar format:** For those unfamiliar with the ‘webinar’ format in Zoom, when you – as a general audience member – log in via the provided links, you will not have access to your microphone and camera. Audience members will be able to pose questions to the presenters via the ‘chat box’ and/or the ‘Q&A’ options at the bottom of your Zoom window. Only presenters (aka panelists) will have access to their microphones and cameras as required (presenters will enter the Zoom Rooms via unique web links). Moderators will facilitate the Q&A portion of the presentations.

**Partners:**

**About the Rural Coordination Centre of BC (RCCbc):** Led by rural physicians, the RCCbc is a network that works to improve the health of people and their communities in rural BC. Funded primarily by the [Joint Standing Committee on Rural Issues](#), our network partners include healthcare providers, healthcare administrators, community members, policymakers, educators, researchers, and non-profit and business leaders. We serve all rural, remote and Indigenous communities in BC covered by the [Rural Practice Subsidiary Agreement](#).

**About the Joint Standing Committee on Rural Issues (JSC):** The JSC was established under the Rural Subsidiary Agreement in 2001. It is comprised of representatives from Doctors of BC, the Ministry of Health, and the health authorities. The JSC advises the BC government and Doctors of BC on matters pertaining to rural medical practice. The goal of the JSC is to enhance the availability and stability of physician services in rural and remote areas of British Columbia by addressing some of the unique and difficult circumstances faced by physicians.

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*Thank you to the many stakeholders and partners who have helped guide and support the 2024 BCRHRx.*  
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	Presenter	Affiliation	Presentation title
<b>08:30</b>	BCRHRx Welcome		
<b>08:40</b>	Dr. Jude Kornelsen & Christina Derkson-Unrau	Centre for Rural Health Research, UBC	<b>Keynote Address:</b> Housing is healthcare: Equity in access for all residents
<b>09:10</b>	Dr. Neelam Dhaliwal & Dr. Janice Yeung	UBC	Design and implementation of a regional practicum model in pharmacy education
<b>09:25</b>	Dr. Mike Figurski	Stonebridge Clinic (Big White); UBCO	Integration of a local LLM for transcription
<b>09:40</b>	Dr. Melba D'Souza & Michelle Smith	TRU	Co-creating community engagement forums for sustaining partnerships and networks through knowledge translation world café summit
<b>09:55</b>	X'staam Hana'ax (Nicole Halbauer) & Michelle Roberge	Health Arts Research Centre, UNBC	H.E.A.L. healthcare: Hearts-based Education and Anti-colonial Learning
<b>10:10</b>	Alison James	RCCbc	Type 2 diabetes remission in rural communities: an application of community engagement
<b>10:25</b>	Dr. Miini Teng	BCCDC	Emergency services registry pilot in Merritt
<b>10:40</b>	Brian Martin	Implementation Science & Isolated Communities Lab; UBCO	Virtual health innovations implemented in rural and remote communities of BC
<b>10:55</b>	<b>Break</b>		
<b>11:00</b>	Dr. Dug Andrusiek	RCCbc; Island Health	Health Data Platform BC for rural health research
<b>11:20</b>	Audrey Warner	UBC Faculty of Medicine	It's bigger than the drone: a reflexive thematic analysis on experiences and perceptions within the Drone Transport Initiative
<b>11:35</b>	Kimia Nouhi	UBC Faculty of Medicine	Barriers and facilitators to drone-based medical supply delivery to rural and Indigenous communities: insights from the Drone Transport Initiative
<b>11:50</b>	Dr. Jennifer Kask & Dr. Kirsten Duckitt	Island Health; UBC	Adherence to SOGC guideline for progesterone for prevention of spontaneous preterm birth
<b>12:05</b>	Dr. William Clifford	RCCbc	Rural personal health records
<b>12:20</b>	Angela Louloudi	UBCO	Impacts of connectivity and technology on rural communities: A cross-sectional survey of rural British Columbians
<b>12:35</b>	Dr. Sonya Cressman	UBC Digital Emergency Medicine	Improving access to physician services with the real-time virtual support network
<b>12:50</b>	Vania Tjandra & Emily Thompson	UBCO	Synthesizing research partnership principles and strategies in virtual health innovation projects with rural, remote, and Indigenous communities: a scoping review
<b>13:05</b>	<b>End</b>		
<ul style="list-style-type: none"> <li>• BCCDC – BC Centre for Disease Control</li> <li>• RCCbc – Rural Coordination Centre of BC</li> <li>• TRU - Thompson Rivers University</li> <li>• UBC – University of British Columbia</li> <li>• UNBC – University of Northern British Columbia</li> </ul>			